
Our Care Homes

for older people



Meallmore Ltd
Making Care Mean More



INVESTORS
IN PEOPLE

— Welcome —

Meallmore is a leading provider of personalised nursing care.

Our homes across Scotland specialise in caring for older people, whether they require some additional help and support, or more experienced professional care.

We aim to make a positive difference to people's lives, making every moment count. That is why we always welcome everyone with a friendly smile and ensure our residents are happy and comfortable.

Being trusted to provide the best care and support, while being respectful, open, and honest is our top priority.

Above all we pride ourselves on being a great place to live and a great place to work.

— Our Care —

All our care is tailored to individual needs and wishes.

We provide short-term respite care, 24-hour nursing and dementia care, palliative and end of life care.

Our experienced, professional, and compassionate teams will work with you to create a bespoke plan to meet your care needs.

We place a strong emphasis on promoting independence, ensuring residents maintain dignity and wellbeing. For this reason, care plans will often include gentle exercise and activities.

Our staff are on hand 24 hours a day for support and to help provide peace of mind and security.

"We genuinely care about our residents and their families."



“Our people are
there to support
you whatever
your care needs.”



— Our Teams —

We pride ourselves on delivering first class care.

The knowledge, skills and experience of our teams allow us to support our residents, regardless of the level of care they may need.

Our people make our homes a place of comfort and happiness, so we invest in attracting and retaining experienced, caring and compassionate individuals.

We also celebrate and reward staff achievements with our company awards, mentoring and leadership development programmes. This helps our staff to provide exceptional standards of care.

Together we aim to provide the best care homes and quality of care in Scotland.

— Lifestyle —

Our homes are designed to create a cosy home from home.

We want everyone to feel comfortable and at home when they come to live with us.

Residents are encouraged to maintain their lifestyle, with the freedom to move around and welcome visitors as they choose.

Our homes offer a range of ensuite bedrooms or suites. They also include a selection of small lounges, dining areas and activity spaces to socialise or relax in.

Some of our homes also include hair and beauty salons, cinema rooms, library and café areas.

We take pride in our outdoor living spaces, creating attractive landscaped gardens, balconies or terraces.



"We go the extra mile to make people feel special."



"The home itself is spotless, inviting and welcoming. The staff are unbelievably friendly and there seems to be no limit to their caring abilities."

"Our award-winning chefs have earned a reputation for raising the bar of quality food across the care industry."



— Meals & Nutrition —

When people eat well,
their health, mood and
quality of life improve.

Food and nutrition are hugely important to us. We believe that mealtimes should be tasty, enjoyable and interesting.

Our experienced chefs cater for all dietary requirements with a variety of nutritionally balanced meals and snacks. They also aim to involve residents in planning our seasonal menus.

We aspire for every meal to be of an excellent quality, full of flavour and made using fresh and seasonal ingredients.

Residents can choose where they prefer to eat from a selection of lounges, dining areas or the comfort of their own rooms. Some of our care homes also have café areas to enjoy snacks with friends and family.

— Activities —

We believe an active mind
and body is the key to a
happy, healthy life.

All our homes have dedicated activities co-ordinators who design a variety of events and activities, inside and outside the home, to suit all manner of interests and tastes.

Our activities are planned with our residents' experience in mind, with a number of social and therapeutic benefits.

Some of our regular activities include language classes, pet therapy visits, arts and crafts and cake decorating.

We welcome visits from local historians, schools and other entertainers, including singers and musicians to our homes.

Where possible we support residents to maintain individual hobbies, such as knitting and baking. When the weather is good residents can also enjoy a spot of gardening or a barbeque.

Creating memories is important so we often host events that friends and family can join in at our homes.

"The service provided is superb and the staff are dedicated, compassionate and caring."





"I have no hesitation in recommending Meallmore to anyone looking for the best of care for themselves or a relative."

— History and Values —

Our family business values continue to be embraced in our care homes.

Meallmore Ltd, owned by the Hennessey family, opened the doors of its first nursing home for the elderly in 1987 at Meallmore Lodge in Daviot, just south of Inverness.

Since then, the business has grown steadily, with an ever-expanding portfolio of care homes and a staff team who pride themselves on delivering first class care.

Over the years, we have been regularly recognised at national caring awards for our work in improving the lives of the elderly and vulnerable.

Today, tomorrow and for years to come our mission will remain the same – to consistently be a great place to live and a great place to work.

— Quality Standards —

We maintain the highest levels of cleanliness and hygiene.

The quality of service we provide is a key priority.

We work closely with the Care Inspectorate, Health Protection Scotland and other relevant authorities to constantly improve our services and maintain our commitment to quality.

All our care homes follow rigorous infection control procedures, in line with the latest health guidance.

We are committed to incorporating best practice guidance across all areas and aim to be a leader of standards in the care sector.

“Staff and management are extremely friendly and approachable, with no question being too big or too little. Overall there is a relaxed, homely environment where residents feel welcome and cared for at all times.”



— Contact Us —

We have a growing network
of care homes across Scotland.

For full details of all our care homes please visit
meallmore.co.uk/homes

Head Office:

Meallmore Ltd, Caulfield House,
Cradlehall Business Park,
Inverness, IV2 5GH

Telephone:

01463 795050

Email:

info@meallmore.co.uk



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T: 01463 795050 | E: info@meallmore.co.uk

www.meallmore.co.uk